

-GAMIFICATION-

FOR OLDER ADULTS WITH AUTISM

A look at the benefits of using games to increase physical activity and mental processing in older adults with autism

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GAMIFICATION

- A branch of Behavior Analysis that uses games to improve livelihood by making physical and cognitive function motivating and enjoyable (Lee et al., 2022)
- Video games, trivia, card games, and exercise games can all be used in gamification



BENEFITS FOR ADULTS WITH AUTISM

- Increases creativity (Sato et al., 2023)
- Increases mobility (Waldron et al., 2022)
- More engaging form of learning and encouragement (Ehrari et al., 2023)

CHECK THE REFERENCES



NEED FOR MORE RESEARCH

- Research has been done for older adults or those with autism, but more overlap and longitudinal studies are needed (Lee et al., 2020)

